

NEW!

Vol 01 Sept 2022

# guruvaani

Srividya Learning Centre Newsletter

INSIDE

## **SRIVIDYA TEMPLES**

Important temples  
associated with Srividya  
Saadhana

## **POWERFUL RITUAL**

To solve financial  
problems

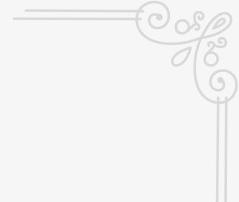
## **PANCHADASI KHADGA MAALA**

INTRODUCING  
GURUVAANI  
MONTHLY  
NEWSLETTER



Siddha Lakshmi Sametha Sri Vallabha Sree Mahaa Ganapathi Dhyaanam

**Beejaapoora gadekshukaarmuka rucha lasath chakraabja paaSothpala  
vreehyagra svavishaaNa rathna kalasa prodyath karaambhoruha |  
dhyeyo vallabhayaa sapadmakarayaa Slishtojvalath bhooshayaa  
visvothpatthi vipatthi samsthithi karo vighneSa ishtaarthadaha ||**



### In this issue

**Divine message from Guruji**

**Panchadasi Khadga Maala Saadhana**

**Simple ritual to solve financial problems**

**Cover image:** Sri Sri Amritananda Natha Saraswathi of Devipuram

**2 Dhyaanam**

**3 Contents**

**4 Guruji's Message**

**Guruvaani**

**5 Excerpts from Guruji's Talks**

**Saadhana**

**6 Panchadasi Khadga Maala Saadhana**

**Remedies**

**7 Simple ritual to solve financial problems**  
**8 How to increase Intelligence in children**

**9 Temples Associated to Srividya Saadhana**  
 Vaaraahi Devi Temple, Varanasi

**10 Recent Events**

**11 Guruji's Itinerary, Upcoming Events & Srividya Classes Dates**

**12 Highlights of activities conducted under the guidance of Guruji.**

©Srividya Learning Centre

**Guruvaani** is a digital English monthly newsletter published by Srividya Learning Centre. For info contact:

**Srividya Learning Centre**

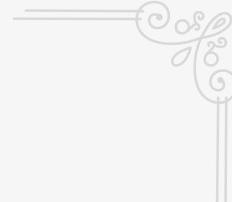
(A unit of Soundarya Lahari)  
 #69, 6th Cross Street, Girinagar Phase I,  
 Bengaluru, KA 560085, India.

E-mail: [srimeru999@gmail.com](mailto:srimeru999@gmail.com)

Phone: +91 8088256632

Web: [www.srimeru.org](http://www.srimeru.org)





# A warm welcome to all Srividya saadhakas



### Sri Mathre Namaha

Welcome to the Srividya family. From now onwards, we want to communicate with you through this monthly newsletter, share the knowledge about Srividya, Universal Mother and bring all the saadhakas under one umbrella.

In the long run, everybody will deeply focus on serious Saadhana and contribute their ideas to inspire others through this platform. This was the dream of our Parama Guru (My Sri Guru), Sri Sri Sri Amritananda Natha Saraswathi of Devipuram.

My Guru is the main instrument in changing my life at the right time in the proper direction. But for him, I would have been an ordinary engineer leading a retired life by now.

My life is full of great rituals like the Homam in the middle of the Pacific Ocean and on the top of Mount Washington in the USA and the Prithvi Sri Chakra Pooja of about 67,600 sq ft Sri Yantra drawn on the ground and worshipped with fire ritual by thousand plus disciples. Who can have this kind of a variety of opportunities to honour the mother other than Srividya Upasaka?

I sincerely hope this newsletter will be additional support in your saadhana and keep encouraging you on the right path by inspiring you with the experiences of senior disciples. Let us join together in this great saga of Srividya, a lifestyle of happiness.

With love and blessings,

*Guru Karunamaya*



Sri Sri Amrita  
Anand Saraswathi of  
Devipuram.

# NEVER RESIST, JUST LET IT GO!

by Sri Guru Karunamaya

Lalitha Amma is always taking care of us. When you trust her, you need not do anything else. She will carry our luggage of samsara. Leave everything to her. I wanted to be a doctor but studied engineering. I worked for 18 years and then moved to New Zealand and worked as a telemarketer, which is not related to engineering. Then a few years later, I worked as a customer service officer. Later, I moved to the USA and worked as a software developer. At this time, I was called by my Guru and was appointed as the Peetadhipathi (pontiff) of Devipuram. I held different positions and moved to many places, but I never resisted that change and that is my secret. I simply went with the flow, wherever SHE took me.

I was not rigid. Resistance to God will create pain, as friction creates heat. Never resist, just let it go. Amma will take you to your destination on the shortest, safest and coolest path and that is for sure!

Sri Mathre Namaha.



# Panchadasi Khadga Maala Saadhana



*Khadga Maala is an immensely powerful and important maala mantra which invokes Mahaatripurasundari along with all Her avarana devatas.*

Not many are aware of the 15 (panchadasi) variations of Khadga Maala stothra. Proper saadhana of panchadasi Khadga Maala brings peace and prosperity to one's life.

There are fifteen maalas altogether. Five maalas are connected to Sakti, five to Siva and five to the union of Siva-Sakti.

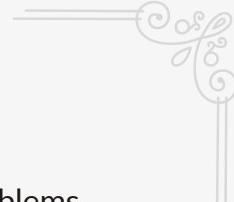
The three sets (Sakti, Siva and union of Siva-Sakti) of 5 maalas consist of the following:

- 1) Shuddha maala** - Normal Khadga maala which we all recite
- 2) Namontha maala** - Every naama ends with poojayaami namaha
- 3) Swahaantha maala** - Every naama ends with swaahaa
- 4) TarpaNaantha maala** - Every naama ends with tarpayaami namaha
- 5) Jayaantha maala** - Every naama ends with Jaya Jaya



The panchadasi Khadga Maala is to be recited in a specific schedule starting from the first day after the new moon in the lunar cycle.

You can download the complete script, schedule and procedure for reciting the panchadasi Khadga Maalas from [Srimeru Website](#).



# Simple Ritual to Solve Financial Problems

## Ilaichi Maala Alankaara Puja

Some of us have severe financial issues in their daily life. One powerful remedy that can solve our financial problems is "Ilaichi Maala Alankaara Puja", performed on Saturdays to Lord Balaji's idol. You must perform this puja every Saturday for a year. The procedure for Ilaichi Maala Alankaara Puja is as follows:

After performing Guru Dhyanam, Ganapathy Dhyanam, Achamanam, and Pranaayama take 27 cardamoms (ilaichis) in a plate and put turmeric water to soak the cardamoms (ilaichis) for about 10/15 seconds.

Insert a white thread into a needle. Take one cardamom at a time, and pass it through the needle while reciting "Om Namo Naaraayanaaya" at a slow pace. Repeat this procedure to make a maala of 27 cardamoms (ilaichis). Once the maala is ready, hold it with your both hands and recite the following three Slokas.

*"Sriyah Kaanthaaya Kalyaana nidhaye nidhayerthinaam  
sree venkata nivaasaaya sreenivaasaaya mangaLam*

*Mangalaa saasana parairmadaachaarya purogamai sarvaischa poorvaracharyai  
sathkruthaayaasthu mangaLam*

*Sarva MangaLa maangalye sivey sarvaarthaa saadhike saraNye triyambake devi  
naaraayaNi namosthuthey"*



Place the maala on Lord Balaji's icon while reciting the last sloka. Remove the old cardamoms (ilaichi) maala the following Saturday and place a new one. Save the old Ilaichi maalas and store them safely in a box. You can add some camphor to preserve the freshness of old maalas. After you have collected 40- 50 maalas, you may perform "Naaraayana Homam" by offering the maalas one by one after dipping them in ghee.

We have observed that people performing this puja continuously for a year have found solutions to their financial problems.

A detailed manual of the "Naaraayana Homam" is provided on the [Srimeru website](#). A video demonstration of the ritual is posted on the next page.



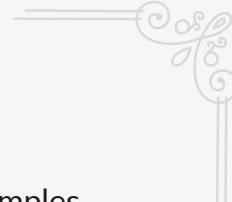
Video link to "[Ilaichi Maala Alankaara Puja](#)" demonstration by Guruji

## How to Increase Intelligence in Children

You can raise your child's Intelligence by making them follow a simple Vaagdevata Nyaasa as taught by Guruji. The instructions are given in the video. For best results, help the child to practice the nyaasa at the same time and same place everyday. One's mother can initiate the child into Vaagdevata mantra provided, the mother has taken deeksha of the mantra from a Guru.



Video link to Vaagdevata Nyaasa for children: <https://www.youtube.com/watch?v=tFVyKS6vME8>



# Vaaraahi Devi Temple, Varanasi



*A mystic underground Vaaraahi Devi's temple is within walking distance of KaaSi Vishwanatha Temple*

Vaaraahi Devi is one of the Ashta Maatruka Devathas. She is the commander-in-chief of the army of Sri Lalitha Tripurasundari. Vaaraahi is another form of Lakshmi. While Lakshmi brings auspiciousness, Vaaraahi removes inauspiciousness.

Vaaraahi mantra is a powerful mantra suggested in Srividya as a remedy for lack of peace, disturbed marital relationships, chronic illness and continued legal battles. Vaaraahi saadhana restores peace and harmony in life by transforming you to accept reality. One must take the Vaaraahi mantra deeksha from a Guru for proper saadhana.

A mystic underground Vaaraahi temple is within walking distance of the Vishwanatha Temple in the holy city of Varanasi. She is also the Kshetra Paalika (protector) of KaaSi along with Lord Kalabhairava. She is also known as PataaLa Bhairavi.

The temple is open only for 2 hours, from 5:30 am to 7:30 am and remains closed for the entire day. Following an age-old tradition, only the priests go down the steps to give a divine bath, decorate and perform rituals in Brahma Muhurta to Vaaraahi Devi who resides in the basement. Devotees can glimpse the Mother's face and feet through two holes in the roof.

Vaaraahi saadhana is a very important aspect of Srividya. Mother Vaaraahi protects all devotees who seek her grace and blessings.

Location:

[Vaaraahi Devi Temple](#) is near Manmandir Ghat, about 700 meters from the Kasi Viswanath temple.



## Recent Events & Celebrations



### Chandi Homam, Srisailam

Srividya saadhakas had a lifetime opportunity to participate and perform Chandi Homam, which was conducted under Guruji's guidance in Srisaila jyotirlinga kshetra on 16th and 17th July. Srividya upaasakas from Australia, South Africa, Germany and USA along with devotees from many states in India participated in this grand event.

Ten magnificently decorated Vedic homa kundas were arranged and 100 karthas have offered 9 lakh aahutis to the Divine Mother. Prior to participating in Homam, saadhakas took Chandi mantra deeksha and completed 4 crores mantra japa in one and half months' time.



### Guru Purnima

Srividya saadhakas celebrated Guru Purnima on 13th July at TTD Kalyana Mandapam in Hyderabad to pay tribute to Guru Parampara.

Our beloved guruji, Sri Guru Karunamaya initiated new saadhakas into the Guru mantra. Praanaprathista (consecration) was performed to 108 Sri Yantras by disciples under Guruji's guidance. A Guru Homam was also performed in the evening.

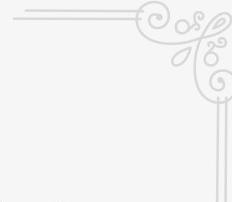
Guruji and Guruamma (Arunaamba garu) blessed Srividya saadhakas on this auspicious day.



### Vanadurga Purascharana Homam

A very powerful Vanadurga Purascharana Homam was performed in Sattenapalli, Guntur from 13th - 15th August.

One lakh mantra japa, ten thousand Homa aahutis, 1000 tarpanas, 100 maarjanas were performed with Vanadurga mantra by 50 Srividya upaasakas.



## Guruji's Itinerary, Upcoming Events & Srividya Classes Dates



### Guruji's Itinerary for September

For the month of September, Guruji will be available in the following cities. (Please message +91 8088256632 for an appointment).

Tirupathi: 12th & 13th

Kanchipuram: 14th

Bengaluru: rest of the days

### Sarannavarathri (Dussehra)

Sarannavarathri will be celebrated at Srividya Jnaana Peetham from 25th Sept - 5th Oct. Guruji will give Mantra Deeksha to devotees who are supporting Peetham activities by subscribing to the [Youtube channel](#) and [Facebook Page](#).

Registration form for deeksha:

<https://forms.gle/Ge4jq4mZoZeTiLSg7>



### Srividya Basic Classes

The dates for Srividya basic classes for the month of November are as follows:

English Module 1 & 2: **12th, 13th & 14th Nov,**  
**. 5 to 9 pm (IST)**

Telugu Module 1 & 2 : **19th, 20th & 21st Nov,**  
**5 to 9 pm (IST)**

For registration visit : <https://srimeru.org>



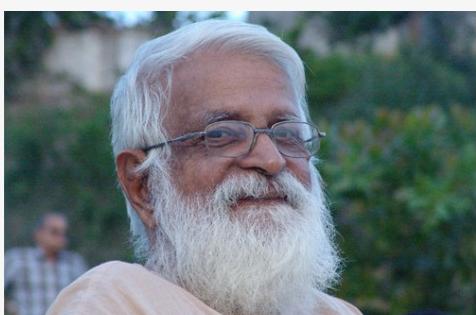


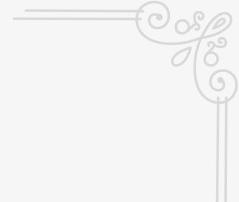
## Highlights of Activities Conducted Under The Guidance of Sri Guru Karunamaya

For the past 40 years, Guruji had travelled all over the globe teaching Srividya to thousands of aspiring saadhakas without any personal motivation or gain as advised by Parama Guru Sri Sri Sri Amritanand Natha Saraswathi.

Guruji trained people in Srividya and other life-transforming skills in the United States, Canada, United Kingdom, Russia, Italy, South Africa, Singapore, Malaysia, Nepal and West Indies apart from India. Some of the previous events conducted under the guidance of Sri Guru Karunamaya are listed below:

1. One of the world's largest Sri Chakra measuring 67,600 sq ft. was drawn on the ground in Cranberry & Durham, New Jersey, USA. And Sri Chakra Homam was performed with 108 homa kundams in the Sri Chakra participated by more than 1000 upaasakas.
2. Conducted Lalitha Homam in the middle of the Atlantic Ocean with Kaali, Lakshmi and Saraswathi upaasakas.
3. Performed Lalitha Sahasranaama Homam on the top of Mt. Washington at a height of 6,288 ft. with 200 saadhakas from all over the world.
4. Trained 52 catholic women in Moscow into Srividya upaasana.





# guruvaani

---

## HIGHLIGHTS



5. Conducted Prithvi Sri Chakra puja in South Africa, explaining the importance of Sri Yantra to many aspiring devotees in the presence of the Mayor of Durban, South Africa.
6. Conducted special Srividya sessions for differently abled children in South Africa and other parts of the world.
7. Trained thousands of young children into Saraswathi upaasana, to help them in their education through Nyasa and other simple rituals in Singapore, Canada, USA and India.
8. Conducted Saraswathi Homam for 10,000 students in Rajahmundry, Andhra Pradesh continuously for 4 years.
9. Distributed Sri Yantras and also trained people all over the world in the consecration (Praana Pratishta) method.
10. Conducted community service for people from economically weaker sections of society by sharing quality food, distributing essentials, aiding in education and assisting in marriages.
11. Conducted many workshops on relationship management, all over USA and many parts of India to save marital relationships in particular.

If you are interested in contributing to Peetham activities, please message +91 8088256632 or visit the [srimeru website](#).

*Quote of the month*

**We have not been sent into the world to create a nuisance, but to bring a new sense into the world.**

~ SRI GURU KARUNAMAYA



guruvasanî

Srividya Learning Centre  
#69, 6th Cross Street,  
Girinagar Phase I, Bengaluru,  
KA 560085, India.

srimeru999@gmail.com  
+91 8088256632  
[www.srimeru.org](http://www.srimeru.org)

